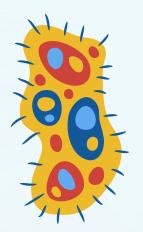
### BIG LIST OF SCIENCE FAIR IDEAS!

Use the links for each experiment below to help you get started. Make sure to download this guide to your computer first to access the links. Several experiments can only be found in our <u>Classic Science Project Pack</u>.

**Comparing Grease Levels in Chips:** Investigate the levels of grease in different types of chips (such as potato chips, tortilla chips, and corn chips) using blotting paper or paper towels to measure and compare the grease stains, highlighting the variation in oil content among snack foods.

**Exploring Iron Content in Cereals:** Investigate the iron content of different breakfast cereals using a magnet to extract iron-rich particles, demonstrating the importance of iron in our diets and the nutritional differences among foods.

**Fizzing Fun with Antacid Tablets:** Experiment with different brands of antacid tablets dissolved in water to observe the varying rates and intensities of fizzing reactions, exploring the principles of chemical reactions and acidity.



<u>Color Taste Test:</u> Conduct a blind taste test using colored beverages (like juice or soda) to challenge how our brains perceive taste based on color, showing how our senses can sometimes deceive us.

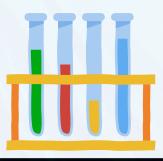
<u>Apple Browning Experiment:</u> Discover how different substances like lemon juice or saltwater can prevent apples from browning, demonstrating the effects of oxidation and the role of acids in food preservation.

<u>Balloon Rocket Race:</u> Build a simple balloon-powered rocket and experiment with different balloon sizes or air pressures to learn about Newton's Third Law of Motion.

<u>Rubber Egg Experiment:</u> Submerge an egg in vinegar for several days to dissolve its shell, leaving behind a rubbery membrane, demonstrating the effects of acid erosion and osmosis on the structure of an egg.

<u>Moldy Bread Investigation:</u> Explore the conditions under which bread molds the fastest (such as moisture, temperature, and exposure to air) to learn about the biology of fungi and the importance of cleanliness.

**Eggshell Strength Test:** Test the strength of eggshells by adding weight until they crack, demonstrating the principles of engineering and material science.

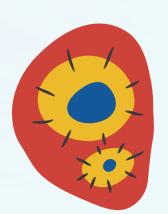


# BIG LIST OF SCIENCE FAIR DEAS!

<u>DIY Lava Lamp:</u> Create a homemade lava lamp using water, oil, and an effervescent tablet (like Alka-Seltzer) to observe the principles of density and polarity in action.

**Growing Crystals:** Grow crystals from common household materials like salt, sugar, or alum, exploring the science of crystal formation and the role of solubility.

<u>Static Electricity Butterfly:</u> Build a simple static electricity generator using a balloon and paper butterflies to demonstrate the principles of electrostatic attraction and repulsion.



<u>Paper Airplane Designs:</u> Experiment with different paper airplane designs to determine which flies the farthest or stays in the air longest, teaching kids about aerodynamics and flight.

**Solar Oven Cooking:** Construct a simple solar oven using a cardboard box and aluminum foil to harness the power of sunlight for cooking, introducing kids to renewable energy and heat transfer.

Melting Ice Race: Investigate how various substances (like salt, sugar, or sand) affect the melting rate of ice cubes, exploring the principles of thermodynamics and phase transitions.

<u>Seed Germination Experiment:</u> Compare the germination rates of different seeds under varying conditions of light, water, and soil types to learn about plant biology and environmental factors.

<u>Invisible Ink Secrets:</u> Use lemon juice as invisible ink and reveal the hidden messages using heat or chemical reactions, exploring the chemistry of acids and bases.

<u>DIY Volcano Eruption:</u> Create a miniature volcano using baking soda and vinegar to simulate an explosive eruption, demonstrating the basics of geology and chemical reactions.





<u>Density Tower Challenge:</u> Layer liquids of different densities (like corn syrup, water, and vegetable oil) in a transparent container to create a colorful density tower, showcasing the concept of buoyancy and density.

Rain Gauge Construction: Build a homemade rain gauge using a plastic bottle and ruler to measure rainfall, introducing kids to meteorology and data collection.

# BIG LIST OF SCIENCE FAIR DEAS!

**DIY Water Filtration System:** Build a simple water filtration system using materials like sand, gravel, and activated charcoal to purify dirty water and observe how different layers remove impurities, demonstrating the principles of filtration and water purification.

<u>Lemon Battery Power:</u> Create a simple battery using a lemon and zinc and copper electrodes to generate electricity, illustrating the basics of electrochemistry and alternative energy sources.





<u>Marker Chromatography:</u> Use markers to draw on filter paper and observe the separation of colors as they travel up the paper when dipped in water, introducing the concept of chromatography and molecular properties.



<u>Drops of Water on a Penny:</u> Explore surface tension by adding drops of water to a penny until it overflows, demonstrating the cohesive properties of water molecules and surface tension.

**Gummy Bear Osmosis:** Immerse gummy bears in various solutions (like water, saltwater, or sugary syrup) and observe how they swell or shrink, illustrating the principles of osmosis and diffusion in cells.

**Effect of Soda and Juice on Eggshells:** Submerge eggs in different acidic beverages like soda and juice to observe the effects on the eggshells over time, demonstrating the corrosive effects of acid on calcium carbonate and highlighting the importance of dental hygiene and nutrition.



### **EXAMPLE OUTLINE FOR A SCIENCE FAIR PROJECT**

Title: Investigating the Effects of Soda and Juice on Teeth

Objective: To observe and compare the effects of soda and juice on the integrity of tooth enamel.

### **INTRODUCTION:**

Soda and juice are popular beverages consumed worldwide. However, they often contain high levels of sugar and acidity, which can have detrimental effects on dental health. The enamel, the outer layer of the teeth, can be eroded by acidic substances, leading to tooth decay and cavities. This project aims to investigate and understand the impact of soda and juice on tooth enamel.

### PROCEDURE:

- 1. Label the plastic cups with the types of beverages to be tested.
- 2. Submerge one egg in each cup filled with a different beverage.
- 3. Ensure the eggs are fully covered by the liquid and leave them for a predetermined period (e.g., one week).
- 4. Check the eggs regularly for any changes in appearance.
- 5. After the designated time, remove the eggs from the beverages and observe any visible effects on the eggshells.
- 6. Rinse the eggs gently with water and compare them to an untreated egg.

Optionally, soak an egg in vinegar as a positive control to demonstrate the effects of acid on calcium carbonate.

Materials:
Various types of soda
Various fruit juices
Fresh eggs
Plastic cups
Toothbrush
Toothpaste
Vinegar (optional)



### SCIENTIFIC INFORMATION:

- •Tooth enamel is primarily composed of hydroxyapatite, a crystalline form of calcium phosphate.
- •Acidic beverages like soda and juice contain citric acid, phosphoric acid, and/or carbonic acid, which can dissolve the hydroxyapatite crystals in enamel through a process called demineralization.
- •Demineralization weakens the enamel, making it more susceptible to decay and cavities.
- •The erosion of enamel by acidic substances can lead to visible changes such as discoloration, roughness, and increased sensitivity.
- •Regular consumption of acidic beverages, coupled with poor oral hygiene practices, can accelerate enamel erosion and contribute to dental problems.

### DATA COLLECTION:

Record any changes observed in the appearance of the eggshells, such as discoloration, texture changes, or visible erosion. Take photographs of the eggs before and after soaking to document the effects.



Compare the condition of the eggshells exposed to soda, juice, and vinegar.

Discuss any differences observed and relate them to the acidity levels of the beverages.

Explain the potential mechanisms behind the observed effects, such as the erosion of calcium carbonate in the eggshell by acidic substances.



Summarize the findings of the experiment.

Discuss the implications of the results for dental health and the importance of limiting soda and juice consumption.

Offer suggestions for future research or improvements to the experiment.

### References:

Cite any sources used in the project, including scientific articles or websites providing information on dental health and the effects of acidic beverages on teeth.

